

Floats to treading water

First you make the kids float on the spot

- Discovery method: Tell them they are floating in space looking at the galaxies
- Direct method: Tell the kids to hold the marshmallows and float

Step 1 to treading water

Get noodle and put it in between the legs of the kids.

- Discovery method: Tell them they are riding a seahorse while petting two dogs
- Direct method: Tell the kids to put a noodle in between their legs and tell them to move their hands back and forth

Step 2

Get two kickboards and put one hand on each kickboard.

- Discovery method: They are a tree while riding a bike
- Direct method: Tell them to hold one kickboard per hand while kicking

And for the older kids take away one kickboard and tell them they're petting a dog while riding a bike

Step 3

Take away all aids and tell them to tread water

- Discovery method: They're riding a bike while put butter on bread
- Direct method: Tell them to kick and move their hands back and forth.
- Kinaesthetic method: If they need help stick out your arm as an aid. Make sure you have an aid.